

Peer reflective Circles

Peer Reflective Circles aim to create a safe environment in which colleagues can meet on a regular basis to understand how they can work more effectively within their current environment and in response to the challenges of their roles.

Objectives: The programme aims to provide colleagues with the dedicated space and time for:

- Supporting professional and personal growth by exploring successes and challenges and identifying learning.
- Building and maintaining resilience.
- Sharing peer to peer experiences and learning.

- Enhancing Problem Solving, Critical Thinking and Innovation and Creativity.

Within each of the sessions, the group will have the opportunity to focus on the aspects of their work that they feel are the most important, relevant and of interest to them.

Each session is facilitated by an experience coach who is there to guide participants through the process, and support their exploration through active listening, open questions and reflective practice.

VSK: Peer Reflective Circles For Staff In Education Settings

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The content is confidential and will not be fed back to VSK.

The sessions will take place online, between 1:30pm and 3pm on the following dates:

GROUP 1:

TUESDAYS, 13:30-15:00: 17.1.23, 21.2.23, 21.3.23, 18.4.23, 16.5.23 & 13.6.23, **or**

GROUP 2:

WEDNESDAYS, 13:30-15:00: 18.1.23, 22.2.23, 22.3.23, 19.4.23, 17.5.23 & 14.6.23

**NB: You would be expected to attend all sessions for your group*

There are limited spaces in each group, so please respond as soon as possible to avoid disappointment.

We will contact you by 9th December 2022, to let you know if we have been able to accommodate your request.