## Free!

## Children and Young People Suicide Awareness and Prevention Workshops



Free half-day workshops at locations across Kent and Medway, funded by Kent County Council.

To be eligible you must work with children and young people in one of the following:

- Public sector health, social care, community safety & other roles.
- Private sector businesses.
- Third sector organisations & charities.

Find courses and book online at:

bit.ly/cyp-suicide

Workshop bookings and enquiries are processed by the Kent Safeguarding Children Board.

Suicide is a difficult and often taboo subject. However we can all learn how to listen to and help a young person who is having suicidal thoughts.

## Key outcomes for the workshop:

- Increased awareness of suicide prevention in children and young people.
- Increased confidence to reduce suicide risk.
- Increased awareness of support services.





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