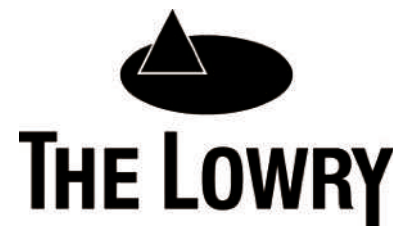


**LUNG**



# SCHOOL WORKSHOP INFORMATION



**#WhoCaresTour**

Who Cares - a [LUNG](#) and [Lowry](#) co-production - is a bold and pertinent piece of documentary theatre, adapted from real-life testimonies of young carers which examines our failing care system, the impact of austerity and what happens when a child becomes the parent. The play features 200 hours of interviews with 4 young carers from Salford about their lives – as well as input from their families and schoolteachers.

Prior to your school attending a performance of *Who Cares*, facilitators will deliver a pre-tour workshop for year 8 pupils in your school.

The main aim of this workshop is to prepare pupils for the ideas, themes and subject matter in *Who Cares* in a lively and dynamic 1 hour session.

By delivering pre-performance workshops, *Who Cares* performance and post show workshop - the project aims to help identify 'hidden' young carers in schools – those who provide care under the radar of their friends, schoolteachers and local authorities - as well as signpost them to the support available.

A script of the performance is available in advance.



# Workshop Content

## ***What is a young carer?***

Aims:

- Understand what a young carer is
- Understand what definitions are used for

## ***We aren't different, we just do different things***

Aims:

- Build an understanding of the challenges faced by young carers every day.
- Explore the complexities of being a young carer with multiple responsibilities.

## ***The me you don't see***

Aims:

- To build empathy and understanding of the challenges a young carer faces and how that might make them feel.
- Explore the multiple layers of young carers, understanding there is more to them than just their caring role.

*"I have learnt that anyone can be a young carer, and we need to change and understand what they are going through, and support them. A little kindness can go a long way"*

## WHAT IS INVOLVED IN WHO CARES WORKSHOPS

**DURATION:** IDEALLY WORKSHOPS WILL BE 1 HOUR LONG

**GROUP SIZE:** WORKSHOPS LEADER CAN WORK WITH GROUPS OF VARYING SIZES

(DEPENDING ON SCHOOL AVAILABILITY WORKSHOPS CAN CATER FOR 30-40 PUPILS OR WITH PRIOR NOTICE GROUPS OF UP TO 100 CAN BE ACCOMMODATED)

**VENUE:** WORKSHOPS SHOULD IDEALLY TAKE PLACE IN A HALL OR LARGE ROOM WHERE THERE IS CAPACITY FOR BREAK OUT GROUPS.

**WHEN:** DATES AND TIMINGS OF WORKSHOPS SHOULD BE ARRANGED THROUGH THE LOCAL ARTS VENUE

**REQUIREMENTS:** WORKSHOP FACILITATORS WILL BRING ALL NECESSARY MATERIALS.



## Resources:

-**Toolkit for teachers** designed by young carers to ensure it has the information they need you to know. Designed to not only raise awareness of the issues surrounding young carers with young people, but also to challenge your understanding and knowledge

- **A 6 week scheme of work** for teachers, exploring basic approaches to drama and devising for KS3. Designed to offer possibilities, drama opportunities and techniques for accessing the script 'Behind Closed Doors' and the themes and issues that surround the role of young carers

