

# Positive Behaviour Support Awareness+ Course



We are running a series of fully funded, Positive Behaviour Support Awareness+ training courses starting in June 2022. These courses are available for those who provide direct support to children and young people (aged 0-25) with or without additional behavioural behaviours that challenge in Kent or Medway. These will be held virtually via Teams.

## What is Positive Behaviour Support (PBS)?

The overall aim of PBS is to improve the quality of life of individuals and those around them, it is an evidence based approach to supporting people who may or may not be displaying behaviours that challenge. It seeks to understand the reasons for the behaviour so that unmet needs can be met. It's proactive and preventative, focusing on the teaching of new skills to help individuals participate.

## Course Outline

The one day Positive Behaviour Support (PBS) Awareness+ course provides an overview of, and introduction to, PBS. It covers the core components and principles of PBS and some pro-active approaches to supporting behaviour. It also gives participants an understanding of the underpinning values, theory and processes that are part of the PBS approach.

## Learning Outcomes

Completion of this course should give participants a basic understanding of the following:

- Provide an insight into what PBS is and some of the tools used as part of it
- Increase understanding of behaviour which challenges and potential functions
- Provide some useful tools and signposts to use with those you support

## Available Dates

Please see following dates & times:

14 & 17 November 2022 (09:30 till 13:00 for both dates)	21 & 22 November 2022 (09:30 till 13:00 for both dates)	28 & 30 November 2022 (09:30 till 13:00 for both dates)
6 & 7 December 2022 (09:30 till 16:30 for both dates)	16 & 20 January 2023 (13:30 till 17:00 on 16th and 09:30 till 13:00 on 20)	25 & 27 January 2023 (09:30 till 13:00 for both dates)
10 & 13 February 2023 (09:30 till 13:00 for both dates)	9 & 14 March 2023 (09:30 till 13:00 for both dates)	20 & 24 March 2023 (09:30 till 13:00 for both dates)

To book a place please email [mcsc@medway.gov.uk](mailto:mcsc@medway.gov.uk) or ring 01634 338 480

Please note you need to attend both dates to complete the training